



# Embrace

## PROGRAM

### What is the Embrace Program?

The Embrace Program provides you with your very own pregnancy support team, with the comfort of a private setting, in a more affordable package. Melbourne's top obstetricians are working in conjunction with our experienced midwives to offer you outstanding maternity care at a lower "out of pocket" cost. The Embrace Program is a popular choice for women who are healthy with a normal pregnancy. Together, your obstetrician and midwife will provide very personalised and comprehensive care for you and your baby. Your midwife does not deliver your baby; your obstetrician, supported by the birthing suite midwives at St Vincent's Private Hospital will take care of you during your labour and birth.

### What will the Embrace Program cost?

Our obstetricians have affordable pricing options, as we believe all women should be able to access the best maternity care.

### Does care within the Embrace Program attract any Medicare rebates?

Yes, Medicare rebates are available for your obstetrician antenatal and postnatal care.

### Do I need a GP referral?

Yes. You will need a referral to access Medicare benefits when seeing your Obstetrician. Please ask your GP to write a referral to your preferred Obstetrician.

### Can I stay in the Embrace Program if I develop a problem in my pregnancy?

The Embrace Program offers a low risk model of care. Our Embrace Program midwives will work collaboratively with your Obstetrician, and will facilitate an obstetrician consultation in a timely manner if you require additional care. Your obstetrician will determine whether it is best for you to remain in the Embrace Program.



### How long will I stay in hospital?

The Embrace Program aims for a 3 day stay for a vaginal delivery and 4 day stay for a caesarean section delivery.

### Will I go to the Park Hyatt?

The Embrace Program does include accommodation at the Park Hyatt. This is luxurious Park Hyatt accommodation to complete your postnatal care in consultation with your Obstetrician and Midwife.

### What if I need help after I've had my baby?

The Embrace Program midwives can provide support for feeding and settling problems with your baby. All our midwives are experienced in breastfeeding issues and we also have a Lactation Consultant who can provide a range of additional services including a free breastfeeding support program right up until your baby is 12 months old.

### Which obstetricians are available through the Embrace Program?

The following obstetricians are pleased to be involved in the Embrace Program:

Dr Tom Cade	<a href="http://www.drtomcade.com.au">www.drtomcade.com.au</a>
Dr Fiona Cowell	<a href="http://www.mcoga.com.au">www.mcoga.com.au</a>
Dr Megan Di Quinzio	<a href="http://www.drmegandiquinzio.com.au">www.drmegandiquinzio.com.au</a>
Dr Joseph Drentin	<a href="http://www.drjdrentin.com.au">www.drjdrentin.com.au</a>
Dr John How	<a href="http://www.drjohnhow.com.au">www.drjohnhow.com.au</a>
Dr Briohny Hutchinson	<a href="http://www.mcoga.com.au">www.mcoga.com.au</a>
Dr Vanessa King	<a href="http://www.mcoga.com.au">www.mcoga.com.au</a>
Dr Suzana Kotevska	<a href="http://www.stela.com.au">www.stela.com.au</a>
Dr Vicki Nott	<a href="http://www.mcoga.com.au">www.mcoga.com.au</a>
Dr David O'Callaghan	<a href="https://www.svphm.org.au/our-services/our-doctors-specialists/dr-david-ocallaghan">https://www.svphm.org.au/our-services/our-doctors-specialists/dr-david-ocallaghan</a>
Dr Miranda Robinson	<a href="http://www.mcoga.com.au">www.mcoga.com.au</a>
Dr Boski Shah	<a href="http://www.auroraspecialists.com.au">www.auroraspecialists.com.au</a>
Dr Lionel Steinberg	<a href="http://www.drleonelsteinberg.com.au">www.drleonelsteinberg.com.au</a>
Dr Meredith Tassone	<a href="http://www.drmeredithtassone.com.au">www.drmeredithtassone.com.au</a>

### Indicative visit schedule

10 weeks	Midwife	Phone Discussion
10-12 weeks	Obstetrician	Initial Assessment
16 weeks	Midwife	Routine Check
20 weeks	Obstetrician	Routine Check
22 weeks	Midwife	Routine Check
24 weeks	Midwife	Routine Check
28 weeks	Midwife	Routine Check
30 weeks	Obstetrician	Routine Check
32 weeks	Midwife	Routine Check
34 weeks	Midwife	Routine Check
36 weeks	Obstetrician	Routine Check
38 weeks	Midwife	Routine Check
39 weeks	Midwife	Routine Check
40+ weeks	Obstetrician	Routine Check

#### For more information:

Call us on (03) 9411 7634

Email: [embrace@svha.org.au](mailto:embrace@svha.org.au)